

## SBOC Summer League 7 – Merthyr Mawr – 27 June 2012

	<b>Yellow</b>	<b>1.9km</b>	<b>~50m</b>	
1	Olivia Thorn	W10	IND	29:47
2	Eve and Cariad (Hammond)		SWOC	38:30
3	Jasmine Silk	W10	SWOC	41:01
4	Jen and Helen (Hammond)		SWOC	41:51
***** Colour Award *****				
5	Ben and Tamika		IND	52:15
6	Liz Crabb	Gp	IND	53:26
	Sam Ralph	M10	SBOC	Retired
	<b>Orange</b>	<b>2.6km</b>	<b>~70m</b>	
1	Kathleen and Hannah O'Callaghan	W16	SBOC	43:47
2	Aled Fellowes	M16	SBOC	49:20
3	Quinlan Silk	M14	SWOC	50:25
4	Anke Daehmlow	W35	SBOC	59:43
***** Colour Award *****				
	<b>Light Green</b>	<b>3.25km</b>	<b>~130m</b>	
1	Christine Farr	W35	SWOC	45:07
2	Phil James	M21	SBOC	69:43
3	Stan Szajda	M65	SBOC	113:02
***** Colour Award *****				
4	Liam O'Reilly	M21	SBOC	113:39
	Siriol Butterworth	W45	SBOC	89:51 MP 6
	Georgia Ralph	W16	SBOC	Retired
	<b>Green</b>	<b>4km</b>	<b>~170m</b>	
1	Chris Lewis	M35	SBOC	26:44
2	Ben Mitchell	M20	SBOC	29:08
3	Sam Mitchell	M18	SBOC	29:15
4	Ben Doherty	M21	SBOC	29:55
5	Paul Gebbett	M40	BOK	30:27
6	Stephen Reynolds	M18	SBOC	31:32
7	Fredrik Forsberg	M21	OKK	32:49
8	Annemeike Silk	W45	SWOC	36:31
9	Chris Hiatt	M21	SBOC	38:44
10	Roger Stein	M55	SBOC	40:30
11	Alan Lasky	M40	SBOC	40:33
12	Robin Rowell	M21	IND	41:01
13	Niall Reynolds	M50	SBOC	41:24
14	David Seward	M50	SBOC	41:25
15	Dave Mitchell	M50	SBOC	41:38
16	William Reynolds	M14	SBOC	41:52
***** Colour Award *****				
17	Steve Jones	M50	SBOC	45:36
18	Duncan Innes	M45	BOK	45:45
19	Graham Tough	M65	SWOC	49:34
20	Margaret Reynolds	W50	SBOC	51:46
21	Kate Penquet	W21	SBOC	53:04
22	Caroline Gay	W21	SWOC	54:21
23	Stephen Richards	M21	SBOC	58:56
24	Mike Dobbs	M60	SBOC	60:15
25	Dave Doherty	M55	SBOC	60:48
26	Sarah Jenkins	W45	SBOC	62:08
27	Sue Cook	W21	SBOC	63:37
28	Sue Ralph	W45	SBOC	81:46
29	Lowri Butterworth	W16	SBOC	84:55
	Patrick Jones	M18	SBOC	43:15 missed 5
	Gary Robertson	M35	SBOC	67:51 missed 7

Thank you to all those who attended, an excellent turnout. For those who did the green and light green courses, I hope you enjoyed the vertical sand run from Control 8. I am glad that I decided to use dibbers as some of the times were very close, with 1 second between Niall Reynolds and David Seward and 7 seconds between Ben

and Sam Mitchell. Overall there were some pretty impressive times shown, in particular Chris Lewis and Anemeike Silk.

A big thank you to Chris Lewis, Margaret, Stephen and William Reynolds, Sarah Jenkins and Mike Dobbs for bringing in the controls. Much appreciated – although I know Chris you just wanted another go of the vertical sand run.

Finally many thanks to Bridget who gave me advice on planning this, my first event, and made sure that the controls would be in the correct place.

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