

**SBOC Introductory & Training Event  
Clyne Gardens - Wednesday 29 April 2015**

**Results**

**Long Course 2.8Km 90m**

<b>Pos.</b>	<b>Name</b>	<b>Time</b>
1	Ben Mitchell	15.06
2	Sam Mitchell	17.28
3	William Reynolds	20.05
4	Chris Hiatt	22.29
5	Chris Garrett	30.56
6	Margaret Reynolds	31.04
7	Mike Dobbs	34.31
8	Dave Doherty	35.20
9	John Heissig	37.29
9	Teifion Davies	37.29
11	Stewart Smith	45.28
12	Stan Szajda	62.24

**Short Course 1.8Km 70m**

1	Joe M	33.50
2	Amy M with Ann	41.17
3	Angharad Davies with Elena, Owain & Iolo	64.34
	Michael Jarrett & Simon Fudge	m8,9
	Adele Stuart	m8,9
	Anita Hillier & Nikki McVeigh	m4,6,7

Thank you all for attending. As you could see at the time, the print outs for your runs corrupted. All times at the last control for each course were correct so these have been used for the results. Welcome to the several new faces above and hope the maze of tracks did not put you off coming for another try at Mumbles Hill next week.

Dave